

# Common Sling Selection Overview

## Selection Factors for Total Lifts

- Head control (hold head upright while in a seated position)
- Back support (sit upright on edge of bed unsupported)
- Hip flexion (flexion of 90°- 110° relative to torso)
- Toileting (garment removal while suspended or not)
- Toileting support (torso support while on toilet)
- Bathing (separate bathing slings or multipurpose material)
- Amputations (BK, AK, level)
- Ambulation (rehabilitative or preventative; respiratory concerns with vests)
- Weight-bearing ability if non-ambulatory
- Mental status
- Skeletal or dermal pain
- Obesity or morbid obesity

## Most Commonly used slings

Style	Size	Fits	Function	Advantage	Comment
Universal (mod 00)	S	77-121 l	General purpose full lift with back support	Easiest to apply Doubles as amputee sling	-lifts from floor with manual head support if needed -no back stays -upright seated
	M	110-190			
	L	180-260			
	XL	240-			
Original High Back (mod 20)	MS	66-110	General purpose with head support	-full support for flaccid patients	-removable back stays -slight reclined position
	M	88-176			
	L	154-264			
	XL	265-551			
Hygiene sling (mod 40)	M	90-200	Toileting and transfers	-garment removal while in sling	-requires some muscle tone -very fast to apply
	L	176-264			
	XL	220-			
Hygiene sling with safety strap (mod 45)	M	90-200	(same)	(same)	-cinching waist belt allows for less muscle tone
	L	176-264			
	XL	220-			
Amputee sling (70) Amputee High back (mod 75)	M	Thin-small	Single/double High AK	-very little femur required	-fetal position lifts -s/p hip replacement use
	L	Average Heavy			
Master vest (mod 60)	M	130-180	Partial weight-bearing ambulation	-support and security during rehab.	-Alternative avail. for chest pressure intolerance
	L	176-220			
	XL	220-286			

### **Other specialty slings:**

Hygiene Vest – Torso-supported toileting – CVA, SCI use

Comfort sling – full bottom support – hip disarticulation, severe osteoarthritis, amputee

Ultra Sling – 1100 lbs – requires bariatric lift

Plastic coated net, polyester net, polyamide nylon, cotton, and PVC coated fabric available. Proportions of slings indicated by order of appearance, actual proportions should be based on patient profiles, acuity, required functions, lift quantities and toileting practices.