



## Checklist

How to determine if your facility qualifies as a "Safe Lifting Environment"

- Key facility administrators are acting as program sponsors in support of safe lifting policies and caregiver injury prevention programs.
- Adequate mechanical lift equipment and lateral transfer aids are available to satisfy caregiver requirements based on average patient census and a corresponding assessment by a knowledgeable equipment or ergonomic specialist.
- A safe lifting policy statement has been publicly announced and prominently posted for review by all employees.
- A means exists of "flagging" lift requirements for individual patients on duty rosters, patient charts, or other media accessible to caregivers.
- Adequate training courses are available on site to educate direct caregivers on safe lifting practices, lift equipment capabilities, patient assessments, and equipment operational procedures.
- Sign-off is required in order to ensure all direct staff caregivers have reviewed existing policies and have undergone training.
- Safe Lifting Environment signage has been prominently posted and bulletin boards carry notification explaining the institution's policies.
- Safe lifting program results are periodically reported to employees.
- Manual patient lifting is universally discouraged in all but unanticipated medical emergencies or life threatening situations.
- Equipment is properly maintained in safe working condition, slings and accessories are available in adequate sizes and styles to meet the majority of patient requirements.